

# LAL BHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206

DISTT. SHIMLA H.P.

## 7.1.1 Facilities Provided for Women in the Institution:

**1. Well Equipped Girl's Hostel:** The college has a well-furnished Girls' Hostel with capacity to accommodate 105 students. Each hostel room is comfortably furnished with cots, chairs, study tables, and individual lockable cupboards for storage. The hostel is provided with all basic facilities. The spacious common/TV room and adequate dining facilities are available for all the hostellers. Students have sports/leisure activities i.e. Table Tennis, Chess, Carrom board and other recreational facilities within the hostel premises.

### Other Facilities

- \* RO water purifier for drinking water
- \* CCTV cameras at the entrance of the hostel
- \* 24X7 water supply in hostel
- \* Solar panels installed in the hostel for hot water
- \* Solar lights
- \* Sanitary napkin incinerator
- \* Sanitary napkin vending machine
- \* Food and Organic waste compost machine.
- \* Hands free sanitizer dispenser machine.
- \* Guest room for visiting parents/Guardians.
- \* Small Library for students.



**2. Fees Concession and Age relaxation for Girls:** No tuition fee is charged to girl students and it is mentioned in the prospectus also. There is also age relaxation of two years for the admission to the girls.

<p><b>Age:</b> No student shall be admitted who has attained the age of <b>23 years (25 years for girls students only)</b> on 1<sup>st</sup> July of the year concerned. <b>The upper age limit will be raised by three years in case the student belongs to SC/ST category. The Principal, however can use his discretion to provisionally grant age relaxation up to maximum of 3 months.</b></p> <p>In addition to eligibility conditions mentioned above, the student should also satisfy the following conditions for admission to B.A./B.Sc./B.Com.</p> <ol style="list-style-type: none"> <li>1) A student should have passed 10+2 class from H.P. Board of School Education under 10+2+3 system or any other equivalent examination recognized by the H.P. University.</li> <li>2) The student of <b>National Open School</b>, who has passed all the five subjects by securing requisite marks will be admitted. There is <b>no provision of admission to the compartment cases of National Open School.</b></li> </ol> <p><b>g) Admission to Add on Courses</b></p> <ol style="list-style-type: none"> <li>1 Student should be a <b>Bonafide student</b> of the college.</li> <li>2 Student from any stream can join Add-on course in computer application.</li> <li>3 Add on course in Marketing &amp; Management will be compulsory for B.Com Students and optional for any other student.</li> <li>4 Fee structure is as per Govt. of H. P. notification.</li> </ol>	<p><b>University Charges</b></p> <table border="1"> <tr> <td>2.</td> <td>Continuation Fee (For Old Students)</td> <td>Rs. 10-00</td> </tr> <tr> <td></td> <td>Youth Welfare Fund</td> <td>Rs. 25-00</td> </tr> <tr> <td>3.</td> <td>University Fund</td> <td>Rs. 25-00</td> </tr> <tr> <td>4.</td> <td>Holiday Home Fund</td> <td>Rs. 1-00</td> </tr> <tr> <td colspan="2"><b>PTA Fund</b></td> <td><b>Rs. 500-00</b></td> </tr> <tr> <td colspan="3"><b>MONTHLY CHARGES</b></td> </tr> <tr> <td>1.</td> <td>Tuition Fee(only for Boys)</td> <td>Rs. 50-00</td> </tr> <tr> <td>2.</td> <td>Amalgamated Fund</td> <td>Rs. 25-00</td> </tr> <tr> <td>3.</td> <td>Building Fund</td> <td>Rs. 10-00</td> </tr> <tr> <td>4.</td> <td>Sports Fund(Local)</td> <td>Rs. 20-00</td> </tr> <tr> <td>5.</td> <td>Practical Fee for Phy. Chem., Botany, Zoology</td> <td>Rs. 20-00 / practical</td> </tr> <tr> <td>6.</td> <td>Practical Fee for Geog., Music, Phy. Edu.</td> <td>Rs. 25-00 / practical</td> </tr> <tr> <td>7.</td> <td>Practical Fee for Computer (Commerce and Mathematic Students)</td> <td>Rs. 15-00</td> </tr> <tr> <td>8.</td> <td>Rangers and Rovers</td> <td>Rs. 5-00</td> </tr> </table> <p><b>Note:</b> No tuition fee to be charged from bonafide girls belonging to Himachal Pradesh.</p> <p style="text-align: right;">21</p>	2.	Continuation Fee (For Old Students)	Rs. 10-00		Youth Welfare Fund	Rs. 25-00	3.	University Fund	Rs. 25-00	4.	Holiday Home Fund	Rs. 1-00	<b>PTA Fund</b>		<b>Rs. 500-00</b>	<b>MONTHLY CHARGES</b>			1.	Tuition Fee(only for Boys)	Rs. 50-00	2.	Amalgamated Fund	Rs. 25-00	3.	Building Fund	Rs. 10-00	4.	Sports Fund(Local)	Rs. 20-00	5.	Practical Fee for Phy. Chem., Botany, Zoology	Rs. 20-00 / practical	6.	Practical Fee for Geog., Music, Phy. Edu.	Rs. 25-00 / practical	7.	Practical Fee for Computer (Commerce and Mathematic Students)	Rs. 15-00	8.	Rangers and Rovers	Rs. 5-00
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### 3. Scholarships for the Girls: Institute provides scholarship facility to the girls and meritorious students as per the Government’s directions.

<p><b>22. COLLEGE MAGAZINE "HATKESHWARI"</b></p> <p>In order to encourage creativity among the students, the College magazine "Hatkeshwari" is published. There is an Editorial Board, consisting of college teachers and students. It consists of number of sections including articles of students from diverse fields of interest.</p>
<p><b>23. SCHOLARSHIPS</b></p> <p>The following scholarships are available to the students under different schemes:</p> <ol style="list-style-type: none"> <li>a. JRDP Scholarships.</li> <li>b. Kalpana Chawla merit Scholarship for girls of HP.</li> <li>c. Post Matric Scholarship for SC/ST/ minorities candidates.</li> </ol> <p>The eligible students must fill the form at the time of Admission and submit along with admission form. Eligible SC/ST/OBC/PWD/ minorities students should submit their scholarship form for the academic year by February for processing of Scholarship.</p>
<p><b>24. ANNUAL PRIZE DISTRIBUTION FUNCTION</b></p> <p>Prizes are awarded at the Annual Prize Distribution Function of the college to the students for obtaining first and second position in aggregate as well as in individual subjects in the University and house examinations provided the students have (a) passed in all the subjects offered (b) obtained a minimum of 50% marks in the subject in which prize is claimed. In addition, prizes are also awarded to the outstanding achievements in sports, N.C.C., N.S.S. sports and other Co-curricular activities.</p>
<p><b>25. OLD STUDENTS' ASSOCIATION (OSA)</b></p> <p>To maintain cohesiveness with the ex-students and to ensure their constructive role in developing vibrant academic environment in the college, Old Students Association (OSA) was</p>

### 4. ‘Women Grievance/ Sexual Harassment & Redressal Cell’: College has a ‘Women Grievance/Sexual Harassment & Redressal Cell’ which includes most of the female staff members to ensure the healthy/friendly environment for the girls of the institution. The members also make them aware regarding their health & hygiene, menstrual hygiene, drug abuses and other social issues.

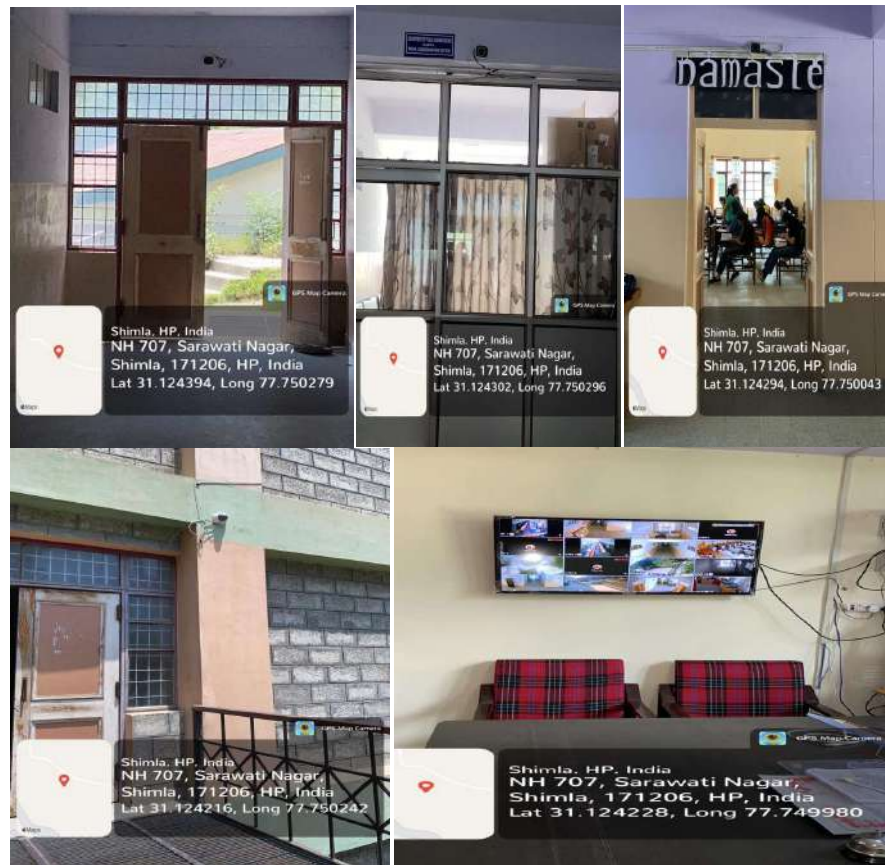
<p>The college has a Career Counselling Cell. The purpose of this cell is to guide students in choice of careers that may be suitable in accordance with their temperament and professional skill. It is proposed that the cell will invite resource persons from different fields such as law, art, music, teaching, administration and others to inform students about the various jobs available available in these areas.</p>
<p><b>20. COUNSELLING CELL FOR ADOLESCENTS</b></p> <p>The college has started a Health Mind Cell runs Counselling Cell for Adolescents in the college. The objective of the Cell is to provide psychological counselling to students. In this highly competitive age, it is common to observe many students undergoing stress and tension that may lead to acute depression and many other psychological problems. There may be many of psychological problems that a youth experiences but is unable to share with anyone. Talking about the problems is a big step in the direction of solving it. The college, therefore, has formed the Cell under the chairpersonship of the Principal, which will provide counselling to students in the matters related to their mental health. Students are free to discuss and share any anxiety related problem with the members of the cell. They will be given patient listening and in this sharing some suggest to their activities will be found. Healthy mind is fundamental pre-requisite of a happy and positive human being.</p>
<p><b>21. WOMEN GRIEVANCE REDRESSAL CELL COUNSELLING CELL</b></p> <p>The cell has been constituted with the aim of giving a patient hearing to the problems of girls students and female staff of the institution. The cell also works towards making women aware of their rights and opportunities.</p> <p style="text-align: right;">18</p>
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<p><b>23. SCHOLARSHIPS</b></p> <p>The following scholarships are available to the students under different schemes:</p>

### 5. Internal Complaint Cell (ICC): Institution has constituted an Internal Complaint Cell for the students where they can reach without any hesitation to complaint about issues like eve teasing, any kind of physical, mental or social assault.

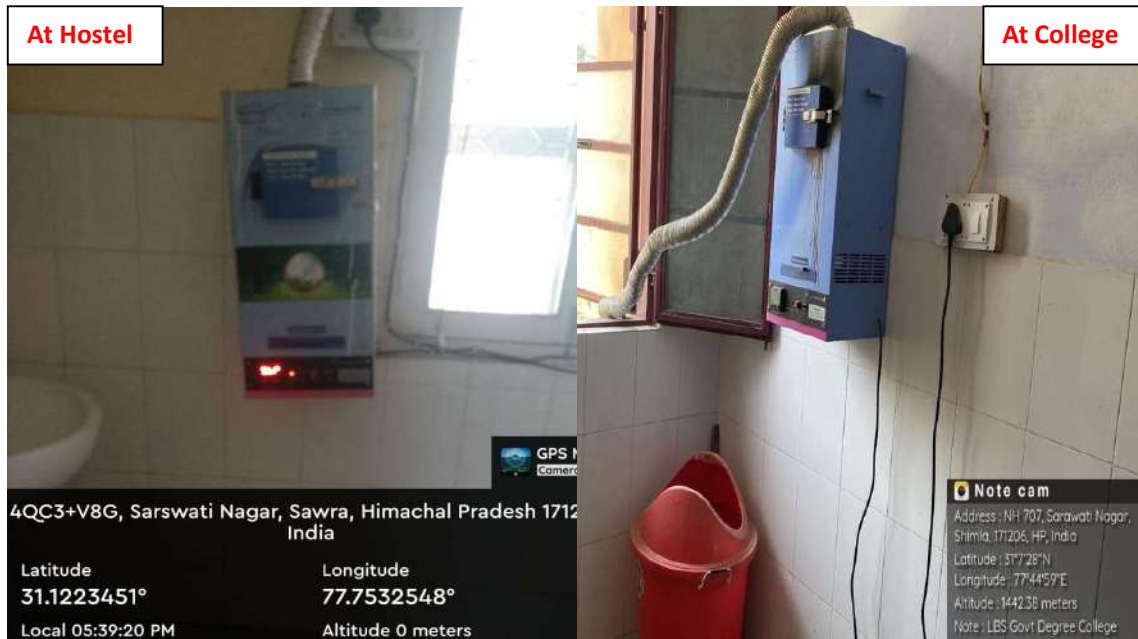
**6. Common Room:** Common Room for the girls is also there in the college where girls can sit and relax comfortably with the ease. A sanitary napkin vending machine has also been installed in the common room for the girls.



**7. CCTV Cameras:** Whole campus is under the extensive surveillance as CCTV cameras are present in every nook and corner except washrooms to ensure the safety and security of the students in the college.



**8. Incinerator:** There are two incinerators in the college, one in the girls' washroom and other in the hostel to dispose of the sanitary pads which is helpful in making eco-friendly environment.



**9. Suggestion/complaint Box:** Suggestion box at the college entrance and complaint box in the Girls Common Room have been installed in the college for all the students.



**10. Strict implementation of Anti-Ragging, Anti-Smoking and Mobile Free Campus:** College has constituted Anti Ragging Committee and Discipline Committee to check any kind of nuisance and ragging in the college premises. Students are not allowed to use their mobiles in the classrooms, corridors and campus except the specified allocated areas.

**11. Security checkpoints at all campus entries and exits:** College entries are strictly under surveillance. All the students are mandatory to wear their identity cards which are checked at the entry gates on daily basis. So there is no entry for hooligans and strange people in the college without prior permission from the head of the institution.

**12. Sewing Machines at Girl's Hostel:** Institution has provided the sewing machines in the girl's hostel for repairing and mending the clothes and also to enable the girls to learn sewing skills during their free time.



**Initiatives taken by the institution for the promotion of gender equity during the session 2022-23:**

<b>S.No.</b>	<b>Name of the Program</b>	<b>Duration</b>	<b>No. of Participants</b>
	<b>Session 2022-23</b>		
1.	Health & Hygiene	27.08.2022	112 Girls
2.	Blood Donation Camp	24.09.2022	30 Students
3.	Health & Hygiene	19.11.2022	60 Girls
4.	International Women's Day	06.03.2023	94 Girls

## INTERNAL COMPLAINT CELL (ICC)

Meeting of 'Women Redressal cum Sexual Harassment Committee' to constitute an Internal Complaint Cell, ICC for the session 2022-23:

### 'Internal Complaint Cell, ICC' (Session 2022-23)


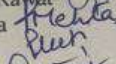

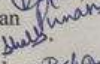
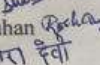
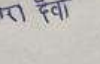
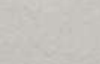
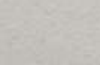
#### Meeting of Internal Complaint Cell, ICC (08.08.2022)

A meeting of 'Women Redressal cum Sexual Harassment Committee' was held on 8<sup>th</sup> August, 2022 at 12:30 pm. The agenda of meeting was to discuss about the functioning of the ICC in the college during the session. The aim of the ICC is to handle the complaints of the students regarding sexual harassment/abuses or any other violence that may be emotional, physical or social. It was decided to call the complainant individually and hear her/his side of the story and take it in writing. Then the accused will be called to listen to her/him without any biases. This too shall be taken in writing and then to deal with the issue, procedure according to UGC guidelines would be followed.

  
PRINCIPAL

LBS Govt Degree College,  
Sarawanagar, Sawra  
P. Talpa  
L.S. Govt. Degree Colleg,  
Sara. wali Nagar Distt. Shindia P /  
DDC Code No. 2044

MEMBERS OF ICC:

Dr Lalita Rawat   
Dr Poonam Mehta   
Prof Preeti Panta   
Prof Vijay Laxmi   
Dr Punam Chauhan   
Dr Shallu Dogra   
Smt Roshni Chauhan   
Smt Tara Devi 

## Training Program on Issues of Domestic Violence against Women (03.09.2022)

An Interactive Session was organised by H.P. State Commission for Women with Colleges and Women Cell Committees on 03.09.22 at Bhachat Bhawan D.C. Office, Shimla. Dr. Shallu Dogra, Assist. Prof. Chemistry and Dr. Punam Chauhan, Assist. Prof. Zoology, were assigned the duty to attend this meeting and were relieved of their duties for the same on 02.09.22 till 04.09.22. The meeting was chaired by Dr. Daisy Thakur, Chairperson of HPSCW. Ms. Bushra Ansari Singh, Member Secretary, briefed the Theme of the event as, '**Issues of Domestic Violence against Women**'. Faculty from various colleges attended this meeting and shared their respective views on the matter. The meeting was focused upon the: causes of domestic violence, increasing cases of domestic violence against women, societal reforms to mitigate such violence, gender sensitization as an important tool to curb such issues, institutional impact on such issues, recommendation of strategies for the removal of such social evil and specific studies / investigations into atrocities against women.

The meeting was concluded with the distribution of a questionnaire provided by the host to all the participants which was aimed at collecting the data from the students of respective institutions of the participants.



### MEMBERS OF ICC:

Dr Punam Chauhan  
Dr Shallu Dogra




## Report on Health and Hygiene (19-11-2022)

The Women's Grievance and Redressal cell of L.B.S Govt College Saraswatinagar Sawra organised an interactive session on the topic **Health and Hygiene**, in the college hall at 1 pm on 19-11-2023. The resource person of this event were Ms. Salochna Thakur and Ms.Reema Bhagta, member of TIENS India, Global organisation, Rohru Circle. Approximately 60 girls of college participated in this event. The members of women cell Dr. Poonam Mehta( Associate Professor Philosophy), Asstt.Prof Preeti Panta Chhatti(Assistant Professor Political Science), Dr.Punam Chauhan(Asstt .Professor Zoology), Mrs Roshani (office Superiendent),Nirdosh Pathania(College Librarian)were present in the event. Mrs Salochna thakur delivered a very well organised lecture on the said topic. She said that women represent the cornerstone of a family overall health, ensuring they have access to quality care also lead to improved health for children and families.The health of families and communities are no doubt, tied to the health of women.So it very important for them to practice good hygiene. She further added that good hygiene is critical for preventing the spread of infectious diseases and helping children lead long, healthy lives. Overall it was a very interactive and effective session. Asstt.Professor Preeti Panta Chhatti thanked the resource person for amazing efforts.



## REPORT ON AWARENESS TO STUDENTS REGARDING HEALTH AND HYGIENE.

A Health and Hygiene awareness programme was organised by Women Grievance and Redressal Cell of LBS Govt. College Saraswati Nagar on 27 August 2022. Approximately 100 students participated in this programme. All the members of this committee were present in the program including senior most faculty member Dr. Poonam Mehta, Associate Professor Philosophy, Dr.Punam Chauhan, Asstt.Prof Zoology, Ms.Vijaya Laxmi, Asstt.Prof English, Ms.Preeti Panta Chhatti, Asstt.Prof Political Science and Dr.Shalu Dogra Sharma,Asstt.Prof of Chemistry.

Dr.Poonam Mehta,(Associate Professor Philosophy) who was invited as Resource Person of the day highlights the importance of this cell for female students. She added women grievance cell is watchful all the time to prevent any kind of abuse towards the students.This cell has been constituted for redressel of grievances to ensure safety and security of the female students, staff and faculty members in the college campus. Asstt.Prof Vijaya Laxmi(warden of Girls Hostel)was another Resource person of the programme. She delivered her lecture on the importance of health and hygiene in our life. Other Resource person of the event including Ms.Preeti Panta Chhatti(Assistant Professor Political Science)and Dr.Shalu Dogra Sharma(Assistant Professor Chemistry) who have an interactive session with students to get an insight into women-specific problems which need to be addressed on priority basis for emancipation of women.





### **Report on Celebration of International Women's Day (6-3-2023)**

The Women's Grievance and Redressal cell of L.B.S Govt College Saraswatinagar Sawra celebrated International Women's Day on 6<sup>th</sup> March 2023 as there was holiday on 8<sup>th</sup> March 2023. Bunch of events were organised to celebrate this day. Dr.Nirmala Chauhan, retired Professor of Hindi was invited as the Chief Guest of this event. The program begin at 11am with the lightening of lamp to Goddess

Saraswati by the Chief Guest of the day accompanied by the Convenor of Women's Grievance and Redressal Cell Dr.Lalita Rawat,Associate Professor of English and senior faculty member Dr.Poonam Mehta, Associate Professor of Philosophy. Mrs.Preeti Panta Chhatti,Assistant Professor PoliticalScience, Dr.Shallu Dogra Sharma, Assistant Professor Chemistry, Dr.Poonam Chauhan Assistant Professor Zoology and Mrs.Roshani Office Superendient were also present among other faculty members of college. Thereafter a training session to all the girls on the topic,Women's Empowerment through Financial Wellness Literacy had been done by Mr.Manu Bhardwaj from Excellence Global Skills. He shared his opinion that how small savings can be turned into huge amount. Thereafter experience sharing session begins, where girl achiever of our college shared their success stories to other girls of college. Four girls shared their experience i.e Miss Ankita,a NCC cadet who participated in 26<sup>th</sup> January Parade at Rajpath in 2023 at Delhi, Miss Simran Kheuta ,NSS volunteer who participated in National Youth Festival at Dhardwad Karnataka, and two girls from Rover Ranger wing of college who participated in Republic Day Parade at Ridge Shimla in 2023.

Thereafter Dr.Punam Chauhan ,Asstt.Professor Zoology who was invited as Resource Person in the event and she delivered her lecture on topic, **Health and Nutrition**" to the girls students. She said that eating a variety of foods and consuming less salt,sugars and saturated and industrially –produced trans-fats, are essential for healthy diet. After that Dr Shalu Dogra Sharma,Asstt.Professor Chemistry who was also invited as resource person in the event delivered her lecture on topic, **Financial Stability of Women From Equity:to Equality**. She said that Literacy is the first step that would make a woman powerful in terms of their prosperity and happy life. Thereafter a debate on the topic whether Financial Literacy is sufficient for Women Empowerment was conducted between two teams. In the end Dr.Lalita Rawat ,Convenor of Women's Grievance and Redressal cell of L.B.S Govt College Saraswatinagar express her vote of thanks to all the dignitaries present in the event and to all the participants. After that refreshment served to all the girls students present in this event.



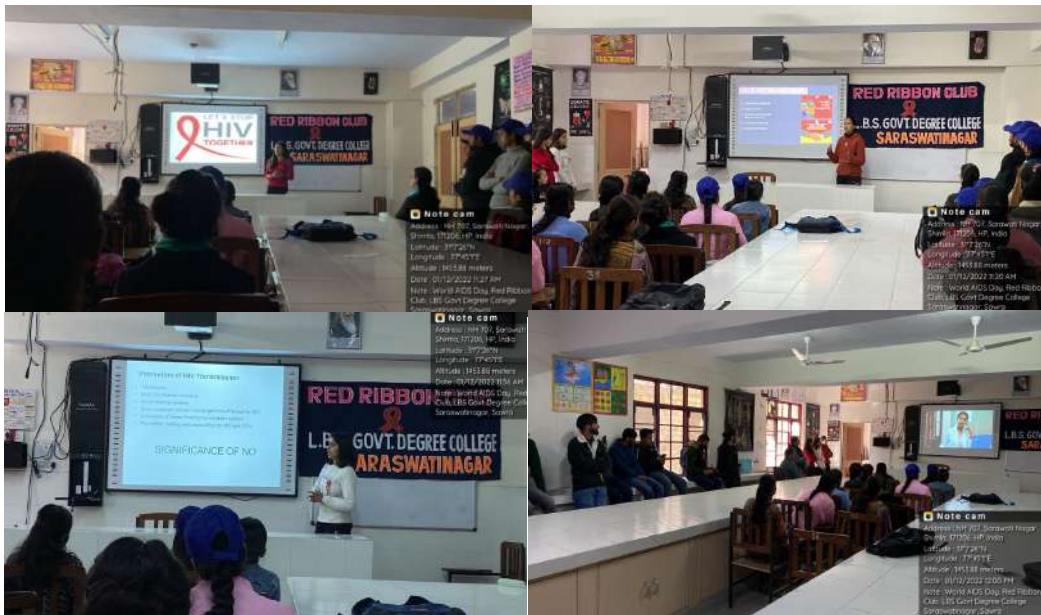
## World AIDS Day (01.12.2022)

World AIDS Day is observed annually on December 1. This is a chance for people all over the world to come together in the battle against HIV, to support those who are living with HIV, and to remember those who have passed away from an AIDS-related illness. Even while HIV continues to be a serious public health concern that affects millions of individuals globally, the

global HIV response is at risk. Numerous lives are at stake as a result of the recent stagnation in HIV objective progress and resource depletion. HIV became and continues to be a global health epidemic due to a number of shortcomings, including division, inequality, and contempt for human rights.

This year World AIDS Day is urging each of us to address the inequalities which are holding back progress in ending AIDS. World AIDS Day 2022 is being marked under the theme **'Equalize'** which emphasizes to ensure that everyone is well-served, increase the availability, quality, and acceptability of services for HIV treatment, testing, and prevention.

Red Ribbon Club organised an event on the occasion of World AIDS Day with NSS Unit on 1st Dec 2022 in the college. In which Dr Punam Chauhan, Nodal Officer RRC, Prof Preeti Panta, Program Officer NSS Unit 2 and Prof Rajesh Kumar, Dept of Political Science and 52 students from various streams (BSc, BCom, BA) were present. Ms Aastha, Ms Yogeshwari and Ms Tejasvini of BSc Final Year, presented Power Point Presentation on HIV/ AIDS. They talked about the cause, symptoms and prevention of HIV. Their PPT also included ART (Anti Retroviral Therapy) which is the only treatment of AIDS. The data on HIV/AIDS people on worldwide basis and in India and H.P. was also discussed among the students. Then a short movie shot by college students Mr Atul Jalta and Mr Aryan Chanjta on HIV/AIDS was shown to the students. Dr Punam Chauhan, Nodal Officer, Red Ribbon Club also briefed about HIV/AIDS. Then Dr Lalita Rawat, Principal of the college flagged off the rally of the students to the Sawra Market. Students went to the market under the supervision of teachers to spread awareness about HIV/AIDS among the common people. Students kept on chanting the slogans on HIV/AIDS throughout their rally. The program ended with a contentment of social service of spreading awareness among the youth and society.





## सरस्वती नगर कॉलेज में रेड रिबन क्लब ने विश्व एड्स दिवस मनाया

शिमला, (आपका फेरला)। विश्व एड्स दिवस के अवसर पर सरस्वती नगर महाविद्यालय में रेड रिबन क्लब द्वारा एक कार्यक्रम का आयोजन किया गया। इस कार्यक्रम में डॉ. कल्प प्रभासी और पुष्पा चौधरी और कुमारी चोपड़ा और कुमारी पावक-चौहान प्रमुख अतिथि शामिल थे। डॉ. कल्प प्रभासी ने एड्स पर एक प्रस्तुति दी। इसके बाद विद्यार्थियों ने एक कार्यक्रम आयोजित किया। कार्यक्रम में डॉ. कल्प प्रभासी और कुमारी चोपड़ा और कुमारी पावक-चौहान प्रमुख अतिथि शामिल थे। डॉ. कल्प प्रभासी ने एड्स पर एक प्रस्तुति दी। इसके बाद विद्यार्थियों ने एक कार्यक्रम आयोजित किया।

*S. Khan*  
Principal  
LBS GDC Saraswatinagar,  
Distt Shimla HP-171206

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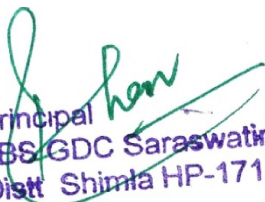
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## **7.1.1 Annual Gender Sensitization Action Plan**

LBS Govt. Degree College, Saraswatinagar, Sawra ensures equal concern for girls and boys in the institution in all the curricular, co-curricular and extracurricular activities. Women's empowerment and gender equality are one of the primary concerns of the institution.

To bring a positive change in the attitude and equity among genders the institution look into the following practices:

- Awareness Programs on Health & Hygiene, Nutrition, Menstruation, Sexual Harassment, Gender Sensitization etc.
- Professional counseling to the students by the staff or resource person from outside like lawyer, doctor etc to talk about various guidelines like Vishakha Guidelines, Laws and Acts for Women.
- Guidance regarding the financial stability and to conduct the programs related to the skill development to make the girls self reliant and independent.
- Celebration of 'World's AIDs Day' on 1<sup>st</sup> December and 'International Women's Day' on 8<sup>th</sup> March every year to sensitize the students about issues related to gender.
- Equal opportunities for all gender in Cultural/sports/or any other competitions.
- A general house for the female staff (teaching & non teaching) to share their grievances, problems and also to discuss about health, nutrition & hygiene.
- Provision of safety and security of the students in the campus and hostel.
- No discrimination on gender/caste basis.

  
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Distt Shimla HP-171206



# LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206

DISTT. SHIMLA H.P.

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## 7.2.1 BEST PRACTICES

### 1. TITLE: OUTREACH PROGRAMS FOR CLASS XTH STUDENTS OF NEARBY SCHOOLS

**Objectives:** To motivate Higher Secondary Students to opt for Science Discipline and to increase the strength in Science Stream in our institution

**Context:** Students become aware of various experimental activities and gets exposed to the scopes of science in their lives. Institution provides a better platform to the students opting for the Science in their higher studies.

**Practice:** The Department of Chemistry, organized a session on **Two-Days Experiential Chemistry Workshop**, for higher secondary students on 17.10.22 & 20.10.22. Mrs. Anjana Rathore (TGT Arts) & Mrs. Gautam Devi (Craft Teacher) from Govt. Model Sr. Sec. School, Saraswati Nagar joined the event along with their 20 students of Class X, whereas, Day-2 (20.10.22) witnessed the turnout of 42 students of Class X from D.A.V. Sr. Sec. Public School, Saraswati Nagar along with Mr. Vinay (TGT Science). A splendid powerpoint presentation was delivered by Dr. Shallu which exposed the students to science in daily lives and the laboratory practices. Main focus of the event was to motivate Higher Secondary Students to opt for science discipline in their higher education and to overcome their fear of science inculcated due to lack of practical experience amid COVID-19. The motto was well taken care of by science students from B.Sc. 1, B.Sc. 2 and B.Sc. 3 of our college by enthusiastically performing various experimental activities designed for the workshop such as, Measuring ph of different substances like Coffee, Milk, Curd, Dove Soap, Patanjali Soap, Detergent, Vinegar, Baking powder, Lemon Juice, Water, etc., Acid-Base Neutralisation, Lime Water Experiment, Elephant's Toothpaste, Lava Lamp, Artificial Volcano, Blue Bottle Experiment, Fire Experiment, Bollywood Blood and Blood Group Test. All these MAGIC EXPERIMENTS were conducted for making the students understand the LOGIC behind the MAGIC. The school students were also given a Hands-On the experiments so as to promote learning through experience.

**Evidence of Success:** A total of 20 students of class X with their teachers Mrs. Anjana Rathore (TGT Arts) & Mrs. Gautam Devi (Craft Teacher) from Govt. Model Sr. Sec. School, Saraswati Nagar joined the event on day 1, whereas, Day-2 (20.10.22) witnessed the turnout of 42 students of Class X from D.A.V. Sr. Sec. Public School, Saraswati Nagar along with Mr. Vinay (TGT Science). All the students were enthusiastically watching and understanding the experiments.

**Problems Encountered and Resources Required:** People in this area have orchards as their economic source so the students lack interest in the subjects like sciences and maths. They are also not much aware of the scopes and future of sciences. Students need to be motivated at junior school level about sciences. Career counseling and remedial classes must be provided to the students to overcome their doubts and queries.

## DAY-1 (17.10.22)





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Note : CHEMISTRY WORKSHOP DAY 1

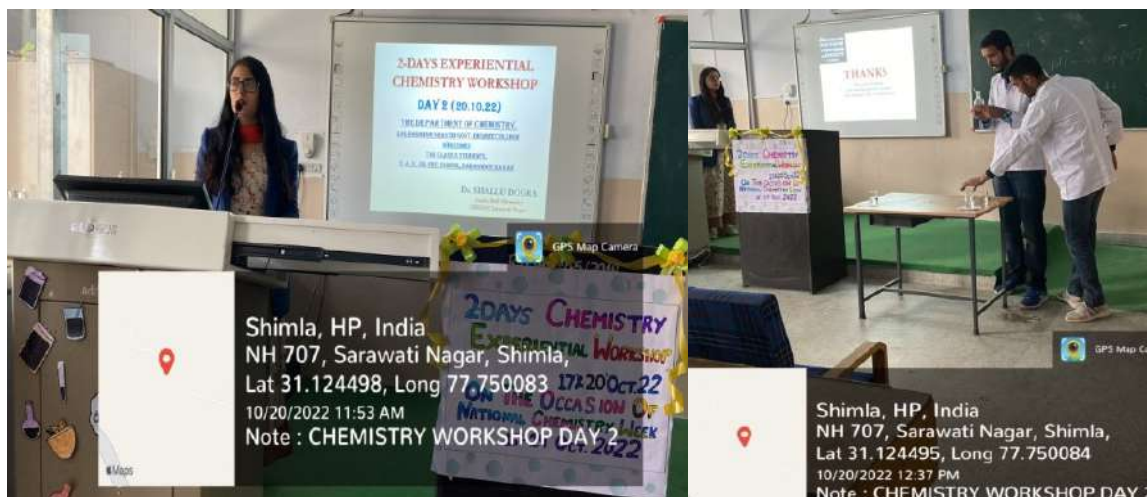


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## DAY-2 (20.10.22)



## **2. TITLE: EXPERIENTIAL LEARNING**

**Objectives:** 1) To motivate students to learn through observation and by doing not just mere reading

2) To have a better understanding of the course material

**Context:** In the modern education system the teaching learning process has shifted from the old rote learning method to experiential learning. So this is a need of hour to practice the same in each classroom for the effective understanding.

**Practice:** A session of 'Experiential Learning' was conducted for the students of Science, Arts and Commerce on 20<sup>th</sup> August, 2022.

**Dr Poonam Mehta, Dept. of Philosophy**, conducted a Seminar cum Workshop on the topic 'An Exploration into one's Potentialities and Means to their Actualisation' for BA III Students. The students were first educated about the concepts of Svabhava, Svadharma and Purusharthas. They were educated by giving several illustrations about the importance of identifying one's Svabhava, following one's Svadharma and leading one's life in accordance with Purusharthas. They were motivated to explore into their Svabhava and then explore into viable options for their Svadharma, in other words, professions best suited to their temperament. The students were provided a thorough insight into the invariable truth that the secret to a happy, stress free and a contented life lies in the practical application of these concepts. They were also motivated to become self-disciplined and to do Yoga everyday in order to become physically fit and to make mind clear, focused and peaceful. The Session ended with the chanting of Gayatri Mantra.

**Asstt Prof Ravi Prakash, Dept of Hindi** conducted Seminar cum Workshop for BA 1<sup>st</sup> & 2<sup>nd</sup> Year Students. Students were taught to use Google Docs, to create notes in Google Docs, to change the color of words, to change the size of characters, to add pictures and links etc. to notes, to edit a file of note, to save the notes on the phone and sent in popular forms like Word and PDF on mediums like WhatsApp, Telegram and email

**Asstt. Prof Sandeep Thakur**, Dept of Commerce conducted a Seminar cum Workshop on the Income Tax, Entrepreneurship, E-commerce and online shopping for Commerce Students. They were educated by giving several illustrations about the importance of Online Business, ITR and Marketing through internet. In these classes, students learnt various aspects of online Marketing and E- Business.

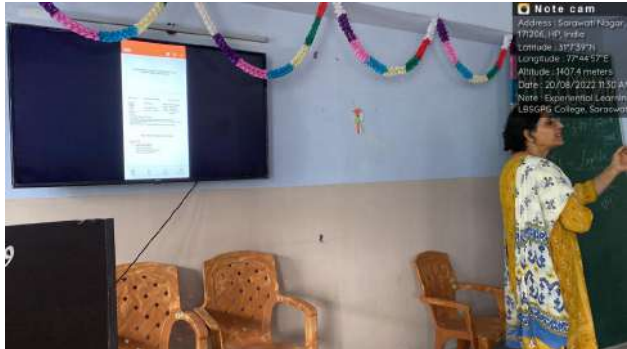
**Dr Shallu Dogra, Dept of Chemistry**, conducted a Seminar cum Workshop and also presented a paper on the 'Experiential Learning in Science' for the Science Students. The event was further divided into some sub-topics i.e., Science In Daily Life, Acid Rain, Synthetic Milk, Measuring pH Of Different substances like Milk, Curd, Dove Soap, Patanjali Soap, Detergent, Yeast solution, Vinegar, Baking powder solution, Lemon Juice, Tomato Juice, Water, etc. Heart Health & CPR Technique was elaborated to students through a video as well as via verbal explanation. Soil samples from three different places i.e. Hatkoti, Badhawali and the College were analyzed by taking their pH, and studying their Microbial Diversity and Water Retention. Study of live active cultures of Milk, Curd, Yeast and Soil samples was also conducted under the microscope. Some Magic Experiments like Blue –Bottle Experiment, Hot Ice, Paper burning etc. were also conducted for making the students understand the Logic behind the Magic. It was a very engrossing session and our students came up with a lot of enthusiasm to perform all these experiments that gave them a meaning of science in their daily lives and extracted maximum out of this session.

**Evidence of Success:** These sessions on experiential learning were attended by 36 Students of BA III with Dr Poonam Mehta, 96 Students of BA I & II with Asstt. Prof. Ravi Prakash, 22 Commerce students with Asstt. Prof. Sandeep Thakur and 39 Students of Science Stream with Dr Shallu Dogra. There was lot of enthusiasm among the students while learning so much new things and it was immensely beneficial for the students. It was helpful for them to understand their course material more deeply and increased their insight to many new things to explore.

**Problems Encountered and Resources Required:** Lack of awareness about many new technological aspects and inhibition in the minds of the students has been observed. More and more such awareness programs are required in future to acquaint them with all the new techniques and innovations in the teaching learning process.

# EXPERIENTIAL LEARNING

## Dr Poonam Mehta, Dept. of Philosophy (BAIII Students)



## Asstt. Prof Ravi Prakash, Dept of Hindi (BA I & II Students)



## Asstt. Prof Sandeep Kumar, Dept of Commerce (Commerce Students)



## Dr Shallu Dogra, Dept of Chemistry (Science Students)





**MICROBIAL DIVERSITY OF COLLEGE SOIL**



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Note : EXPERIENTIAL LEARNING IN SCIENCE



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# LAL BHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206  
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## 7.2.1 BEST PRACTICES

### 1. TITLE: OUTREACH PROGRAMS FOR CLASS XTH STUDENTS OF NEARBY SCHOOLS

#### DAY-1 (17.10.22)





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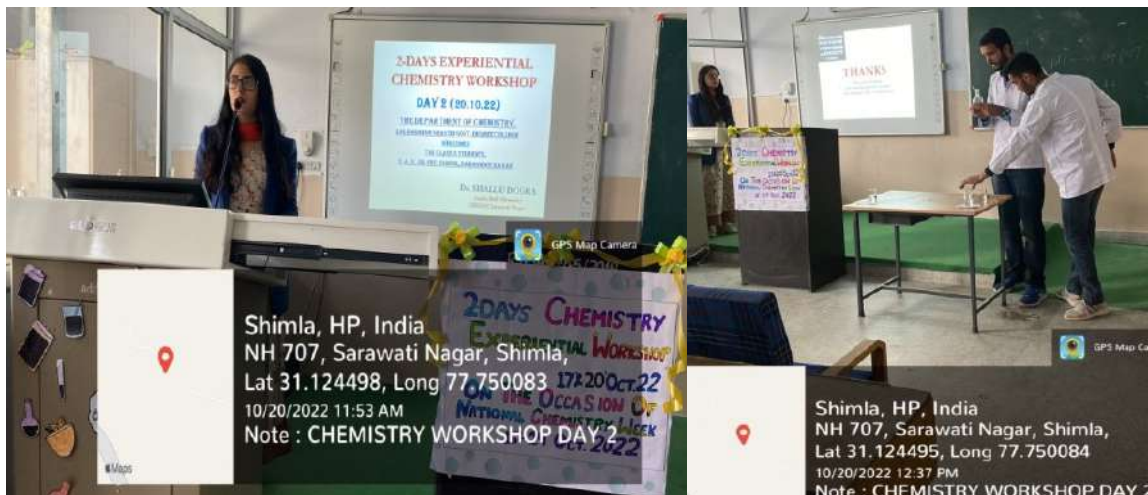


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## DAY-2 (20.10.22)



## 2. TITLE: EXPERIENTIAL LEARNING (20.08.2022)

Dr Poonam Mehta, Dept. of Philosophy (BAIII Students)



Asstt. Prof Ravi Prakash, Dept of Hindi (BA I & II Students)



## Asstt. Prof Sandeep Kumar, Dept of Commerce (Commerce Students)



## Dr Shallu Dogra, Dept of Chemistry (Science Students)



**MICROBIAL DIVERSITY OF COLLEGE SOIL**



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**7.1.9 College has put great efforts to aware the students by conducting and organizing following activities for inculcating the values in them during the last Year (Session 2022-23):**

S.No	Name of the Activity	Conducted By	Date
	<b>Annual Report of Dept of Political Science</b>	<b>Dept of Political Science</b>	<b>Session 2022-23</b>
1.	SWEEP Program		15.10.2022
2.	Constitution Day		26.11.2022
	<b>Annual Report of Dept of Geography</b>	<b>Dept of Geography</b>	<b>Session 2022-23</b>
3.	World Ozone Day		16.09.2022
4.	GPS Survey Demonstration		28.09.2023
5.	Field Trip		11.02.2023
6.	PPT Report		21.02.2023
	<b>Annual Report of Dept of Philosophy</b>	<b>Dept of Philosophy</b>	<b>Session 2022-23</b>
7.	Darshan Samagam		30.11.2022
8.	Experiential Learning Session		20.08.2022
	<b>Annual Report of Hindi Dept.</b>	<b>Dept of Hindi</b>	<b>Session 2022-23</b>
9.	Experiential Learning Session		20.08.2022
10.	Hindi Diwas		14.09.2022
11.	Power Point Presentation		27.02.2023
	<b>Annual Report of English Literary Society</b>	<b>Dept. of English</b>	<b>Session 2022-23</b>
12.	Essay Competition		17.09.2022
13.	Quiz Competition 1		29.12.2022
14.	Quiz Competition 2		13.02.2023
15.	Workshop on Power Point Presentation		20.02.2023
16.	Literary Fest		21.02.2023
17.	Language Lab Activities		22.02.2023
18.	Seminar/PPT		01.03.2023
	<b>Annual Report of Red Ribbon Club</b>	<b>Red Ribbon Club (Dept of Science)</b>	<b>Session 2022-23</b>
19.	International Youth Day		18.08.2022
20.	Blood Donation Camp		24.09.2022
21.	Distt Level Quiz Competition on HIV/AIDS		18.10.2022
22.	Webinar, WHO World Antimicrobial Awareness Week		22.11.2022
23.	RRC Training		26.11.2022
24.	World AIDS Day		10.12.2022
	<b>Annual Report of Eco Club</b>	<b>Eco Club (Dept of Science)</b>	<b>Session 2022-23</b>
25.	World Environment Day		05.06.2022
26.	Tree Plantation		15.08.2022
27.	Cleanliness Drive		03.09.2022
28.	Green Diwali Campaign		19.10.2022



29.	National Science Day		28.02.2022
30.	<b>Annual Report of Anti-Ragging Committee</b>	<b>Anti-Ragging Committee</b>	<b>Session 2022-23</b>
	<b>Annual Report of Anti-Drug Committee</b>	<b>Anti-Drug Committee</b>	<b>Session 2022-23</b>
31.	Constitution of Prahari Club		16.12.2022
32.	Administration of Pledge		17.12.2022
33.	Anti Drug Campaign		16.02.2023
	<b>Annual Report of Academic Committee</b>	<b>Academic Committee</b>	<b>Session 2022-23</b>
34.	Formal Welcome of Fresher Students		25.08.2022
35.	Academic Extravaganza		10.09.2022
36.	Academic Committee Week		27.02.2023
	<b>Annual Report of Women Cell</b>	<b>Women Grievance/Sexual Harassment &amp; Redressal Cell</b>	<b>Session 2022-23</b>
37.	Health & Hygiene		27.08.2022
38.	Blood Donation Camp		24.09.2022
39.	Health & Hygiene		19.11.2022
40.	International Women's Day		06.03.2023
	<b>Annual Report of ICC</b>	<b>Internal Complaint Cell</b>	<b>Session 2022-23</b>
41.	Constitution of ICC		08.08.2022
42.	Training Program on Domestic Violence		03.09.2022
	<b>Annual Report of NSS</b>	<b>NSS Unit I &amp; II</b>	<b>Session 2022-23</b>
43.	Participation in National Integration Camp		21 <sup>st</sup> -27 <sup>th</sup> May 2022
44.	Environment Day		05.06.2022
45.	International Yoga Day		21.06.2022
46.	Azadi ka Amrit Mahotsav		8 <sup>th</sup> -15 <sup>th</sup> August 2022
47.	One day Cleanliness Drive		03.09.2022
48.	Participation in National Adventure Camp		12 <sup>th</sup> -21 <sup>st</sup> Sep 2022
49.	NSS Foundation Day		24.09.2022
50.	Cleanliness Drive on Gandhi Jayanti		01.10.2022
51.	Clean India 2.0 Campaign		08.10.2022
52.	Systematic Voter's Education & Electoral Participation Program		15.10.2022
53.	Cleanliness Drive		15.10.2022
54.	Mega Cleanliness Drive		19.10.2022
55.	Green Diwali Awareness Rally		19.10.2022
56.	National Unity Day		31.10.2022
57.	Shramdan during NAAC Team Visit		1 <sup>st</sup> -2 <sup>nd</sup> Nov 2022
58.	Constitution Day		26.11.2022
59.	World AIDS Day		01.12.2022
60.	A Session by NDRF		19.12.2022
61.	NSS Seven Days Camp		21 <sup>st</sup> - 27 <sup>th</sup> Dec 2022
62.	National Youth Festival at Hubballi Dharward		12 <sup>th</sup> -16 <sup>th</sup> Jan 2023
63.	Anti Drug Campaign		16.02.2023
64.	International Women's Day		06.03.2023
	<b>Annual Report of NCC</b>	<b>NCC</b>	<b>Session 2022-23</b>
65.	Rank Ceremony		12.05.2022

66.	Thal Sainik Camp		02.08.2022
67.	Prabhat Feri		10.08.2022
68.	Tiranga Rally		12.08.2022
69.	Safai Abhiyan		13.08.2022
70.	Independence Day		15.08.2022
71.	Tree Plantation		16.08.2022
72.	Traffic Control		August, 2022
73.	Blood Donation		24.09.2022
74.	Traffic Control at Jubbal during CM visit		
75.	Ek Bharat Shreshth Bharat Camp		10 <sup>th</sup> -19 <sup>th</sup> Oct 2022
76.	ATC Camp		8 <sup>th</sup> -15 <sup>th</sup> Nov 2022
77.	Blood Donation Camp at Pharmacy College		27.11.2022
78.	RDC 2023		1 <sup>st</sup> -30 <sup>th</sup> Jan 2023
79.	UK Track 2023		2 <sup>nd</sup> -9 <sup>th</sup> Jan 2023
80.	Army Attachment Camp 2023		27 <sup>th</sup> Jan-07 <sup>th</sup> Feb 2023
81.	BEE Certificate Exam 2023		20.02.2023
82.	CEE Certificated Exam 2023		
	<b>Annual Report of Rovers &amp; Rangers</b>	<b>Rovers &amp; Rangers</b>	<b>Session 2022-23</b>
83.	World Environment Day		04.06.2022
84.	International Yoga Day		21.06.2022
85.	Har Ghar Tiranga Campaign		08-15.08.2022
86.	Cleanliness Camp		03.09.2022
87.	Participation in State Level Nipun Testing Camp		31 Aug-04 Sep 2022
88.	Blood Donation Camp		24.09.2022
89.	State level Skill Development Workshop		29 Sep- 03Oct 2022
90.	Foundation /Flag Day		07.11.2022
91.	Participation in Pre RD selection Camp		17 Nov-21 Nov 2022
92.	Participation in State Level RD Parade Camp		18 Jan-27 Jan 2023
93.	<b>Report of Election Awareness Campaign</b>		<b>27.08.2022</b>
94.	<b>CSCA Body Formation</b>		<b>29.10.2022</b>
	<b>Annual Report of IQAC</b>	<b>IQAC</b>	<b>Session 2022-23</b>
95.	Proceedings of IQAC		20.07.2022
96.	Outcome Report of 2021-22		17.08.2022
97.	Five Years Perspective Plans for Future		04.10.2022
	<b>Annual Report of Career Counseling Cell</b>	<b>Career Counseling Cell</b>	<b>Session 2022-23</b>
98.	Talk of Robil Sahni, Public Speaker		24.11.2022
99.	Counseling Session by Nimbus Academy		20.12.2022

  
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