

NSS ANNUAL REPORT

of L.B.S.G.P.G. College Saraswati Nagar Sawra

2020 - 2021

The NSS Unit of L.B.S.G.P.G.College Saraswati Nagar Sawra has done various activities during the session 2020 – 2021 which are as follows:

Voice of Youth:-

On 26th April, 2020 NSS Unit Saraswati Nagar (Sawra) started the initiative of spreading the awareness on COVID-19 pandemic. This initiative was named as “Voice of Youth”. This initiative helped the volunteers to come out with their intellectual ideas to spread awareness about Covid-19. This initiative of NSS unit helped the society to understand the seriousness of the situation. The Covid-19 awareness was spread with the help of NSS Saraswati Nagar Facebook page by uploading videos. The objective of weekly campaign’s first video was “Is social distancing fruitful” by Bhopinder Chauhan. The second video was about the “Fire Disaster” by Nikhil Nasta on 27th April, 2020. The next video was on 28th April, 2020 by Aanchal Subreta the subject of the video was “Pre-

management steps to control crowd in market”. On 29th April, 2020 NSS volunteer Kartik Mehta spread the awareness on the topic “Misuse of passes” (the passes was made in the Covid-19 period to travel in lockdown). On 30th April, 2020 NSS volunteer Banit Ranta made the video on the subject “Real help”. The last video of this campaign was made by Ishan Lasta on the subject of “Real health” and concluded the campaign to express the motto of “Voice of Youth”. This initiative of NSS volunteers helped the society to safe guard themselves andtheir families from this pandemic situation.



NSS Saraswati Nagar
NSS Unit Sarwanagar awareness Campaign
#VoiceofYouth topic: Real Help today at 6 pm.
NSS Volunteer Mr.Banit Ranta will be live for the 5th time...don't forget to tune in.



NSS Saraswati Nagar
NSS Unit Sarwanagar awareness Campaign
#VoiceofYouth topic: Real Health today at 6 pm.
NSS Volunteer Mr.Ishan Sharma will be live for the 6th time...don't forget to tune in.



NSS Saraswati Nagar
NSS Unit Sarwanagar awareness Campaign
#VoiceofYouth Dugyani Fire Disaster, today again at 6 pm. NSS Volunteer Nikhil Nasta will be live for the second time...don't forget to tune in.



NSS Saraswati Nagar
NSS Unit Sarwanagar Sawra is going to organise an awareness Campaign #Voice of Youth from today onward under which NSS volunteer will come out with their intellectual ideas to over come the pandemic... today at 6 pm. NSS unit president Bhupinder Singh Chahal will be live for the first time under this initiative...don't forget to tune in



NSS Saraswati Nagar
NSS Unit Sarwanagar awareness Campaign
#VoiceofYouth topic: Misuse of Passes today at 6 pm. NSS Volunteer Mr.Kartik Mehta will be live for the 4th time...don't forget to tune in.



NSS Saraswati Nagar
NSS Unit Sarwanagar awareness Campaign
#VoiceofYouth Pre Management Steps to Control Crowd in Market. today at 6 pm. NSS Unit II President Miss.Anchal Subrata will be live for the Third time...don't forget to tune in...

MASK MAKING AND DISTRIBUTION:-

As the Covid-19 pandemic was spreading, the need of mask was also increased. To meet the increasing demands of mask NSS Unit Saraswati nagar sawra started the initiative of making masks so it can be distributed. NSS Volunteers did this work for two weeks. The total of 257 masks were made by the volunteers and distributed in their neighborhood. This helped the people at the time of need.

SR.NO.	ACTIVITIES DONE	
1	MASK MADE AND DISTRIBUTED	257 masks
2	AROGYA SETU APP DOWNLOADED	522
3	P.M. CARE FUND	109 volunteers 2Program officers



Independence Day:-

On 15th August, 2020 NSS unit Saraswati Nagar (Sawra) celebrated Independence Day in college campus. This occasion was celebrated in the presence of Police Officials and programme officer Dr. Lokraj Sharma and the flag was hosted by the principal Dr. P.P. Chauhan. This was followed by the National Anthem. In the evening, NSS volunteers lowered the flag.



FIT INDIA:-

On 1st December, 2020 initiative started by Indian government "FIT INDIA". The NSS volunteers of Saraswati Nagar (Sawra) actively join the initiative by organizing "Prabhat Pheri". Under this all the volunteers are divided into 6 groups according to their areas and all the volunteers participate in these activities by morning walk sections with their nearest volunteers. This activity is continued for 6 days. All the volunteers wake up at 6:00 AM in the morning and go for the morning walk with their friends and family members. Indian govt. starts this initiative to keep all citizen fit in pandemic situation. NSS volunteers motivated all the people living in there surrounding. This series

of activities started continued for next 6 days. Every day different group's volunteers participated in these activities.



PADHO OR PADHAO ABHIYAN:-

On 18th Dec, 2020 new campaign was started by NSS volunteers of LBS PG College Saraswati Nagar (Sawra). This was started under the name of "Padho or Padhao". In this campaign

volunteers spread their knowledge in their surrounding by teaching the children as the school were close by due to the Covid-19. This helped the children to study that they are lacking due to lock down. All the volunteers participated in this campaign has gained the good experience for life. These campaigns ran for a week.



ONE DAY CAMP:-

On 10TH February 2021 one day camp was organized in L.B.S.G.P.G. College. This camp was organized to provide knowledge about SOP's and other Covid-19 guidelines to all the college students. At 10:00 a.m. all the volunteers gathered in college campus and attendance of all the volunteers were recorded by their respective group leaders. There were total 6 groups and each group has given particular task like distributing masks, measuring the temperature of college students providing information about Covid-19 guidelines. In the end

refreshments were given to all the volunteers.



ONE DAY CAMP:-

On, 26th February 2021 a beautification camp was organized by NSS Unit in college. On this day all the volunteers are gather in the college campus and planted flowers and plants along with the principle of the institution Dr. P. P. Chauhan, program officers Miss Sandhira & Mr. Pawan Kumar. This spread the message in the society “save plants save environment”. This provides the healthy and fresh environment in college. At 12:30p.m. all the volunteers went for lunch which was prepared by volunteers of main body.



ONE DAY CAMP:-

On 4th march, 2021 NSS one day camp was organized in L.B.S.G.P.G. College Saraswati nagar (sawra). In morning 9:30 AM all the volunteers are divided into 6 groups the group's name was: Immunity, New Normal, Sanitizer, Masked fighter, Corona Warriors, Quarantine. Group leaders were as Ishan, Neha, Anchal, Yamani, Kartik, and Palvee. After dividing the group main body allots them a duty to work in field. The time limit given to volunteer to done field work was 2 hour's from

10:00AM to 12:00PM. After 12:00PM all the volunteers of each group gather in the hall for a cultural program. The timing for the cultural program was 12:00 pm to 2:00 pm. The chief guest of the cultural program of NSS one day camp is the Principal of College Sh. Prem Prakash Chauhan. The program started with candle lightning ceremony. Program was hosted by president of the NSS Unit Mr. Nikhil Sharma. Then all the teachers and the chief guest of the day were honored with the badge. Then the first event was the kathak dance by Rachna Dulta then this was followed by song sung by Deepa. After that a speech was delivered by the chief guest. This was followed by a pahari dance by cultural group of NSS unit. In the end program officer Prof. Sandhira presented a vote of thanks. After that all the volunteers went for lunch which was prepared by volunteers of main body.



NSS 7 Day Special Camp Report

Day-1

On 22th March, 2021 Monday. Inauguration ceremony of NSS 7day special camp was done. Chief Guest of the day was Pr Balwant Chauhan guest of honour was principle of institution Dr. P.P Chauhan and Ex-pradhan Ravi panchait Mr. Subash Panta and resource person of the day was Dr. Nirmal Chauhan they were welcomed by program officers and volunteers of main body with buckeye of flowers and NSS clap. After that candle lightning ceremony was done and program officer presented the token of love. This day was covered by JVN TV. The program was hosted by the president of NSS ms Nikhil Nasta and program officer of unit-2 Pr. Sandhira gave the welcome speech. The program was started with Saraswati Vandhna performed by Rachna and Priyanka. There after Beginners Band give their performance. Then bollywood dance was performed by Tanisha and Rachna. After that principle of institution Dr P.P Chauhan share their knowledgeable words. Then President Nikhil Nasta showed the Documentary on NSS saraswati Nagar and after that Manjul performed Rap and

Palvee Sharma sung a song. At the end chief guest Prof. Balwant Chauhan shared his experiences in NSS. At 2:30 PM interactive session with Dr. Nirmal Chauhan started on the topic “women empowerment”. At 3:00 PM all the volunteers along with chief guest and guest of honour were sent for lunch.



NSS 7 Day Special Camp Report

Day-2

On 23rd march, 2021 all volunteers assemble for morning assembly at 9:30 a.m. which was the 2nd day of camp. The report of the previous day was presented by Rishav Mehta of Quarantine group. Then the instructions regarding field activities and discipline were provided by program officer Miss. Sandhira and all the tools were distributed among the 6 groups. Field work was completed at 12:00 Pm and all volunteers gather in hall for interactive session. Resource person of the day was Dr. Pooja Dulta. She was honored by program officer Miss. Sandhira by token of love. The welcome speech was given by Miss. Sandhira. Dr. Pooja Dulta told the volunteers about “Concept of Personality Development.” At the end of the interactive session Joint secretary Mr. Aayush Sharma thanks the resource person on the behalf of NSS Unit. At 2:00PM all the volunteers went for the lunch. Lunch duty was done by group Corona Warriors. At 3:00 PM cultural program of Immunity group starts with the performance of Shriya’s bollywood dance and host of the day was Group leader Ishan Sharma, after that Haryanvi dance was performed by Deepa and then the presentation was shown by Aarti Rawat on “National Education Policy 2020”.Then Miss. Deepa sang a song and the last performance was Pahari group dance by Immunity

group. At the end of program all the volunteers of Immunity group introduce them self.



NSS 7 DAY SPECIAL CAMP REPORT

DAY-3

On 24th March, 2021 at 9:30 AM morning assembly was conducted by Sanitizer Group. The previous day report was presented by Himani Lalta of sanitizer group and thought of the day was “Negative mind will never give you a positive life.” Mess was conducted by new Normal Group. At 10:00 AM all the 6 groups were sent for field activities. At 12:00 PM field activities were completed and all the volunteers were gathered

for interactive session. Resource person of the day was Dr P.D Jagithta and program officer of unit one Pr. Pawan Kumar honored him by badge and token of love. Then program officer of unit-1 Pr. Pawan Kumar gave the welcome speech and introduce them to all the volunteers. After that resource person of the day Dr. P.D Jagithta told student about “power of youth and Education” and “Importance of NSS in student’s life.” Later on program officer Miss. Sandhira gave the vote of thanks. Then questioning session starts for volunteers. There after all the volunteers and resource person went for lunch. At 3:00PM cultural program of Quarantine group was started, the program was hosted by Yamini and Himash. 1st performance was bollywood dance performed by members of quarantine group and then poetry on “Shahid Bhagat Singh” was presented by Himani Ghunta. After that Rachna and Priyanka performed Gujarati dance and Priya Soni and Priya Negta performed Punjabi Dance. Then Rachna performed Solo Dance. Later on Presentation on “Tuberculosis (TB)” was presented by Yamini Bhardwaj. Then solo song was sung by Priya Negta. The last performance of the culture program was pahari dance by Quarantine Group. After that all the members of group gave their introduction.



NSS 7 DAY SPECIAL CAMP REPORT

DAY-4

On 25th March, 2021 at 9:30 AM morning assembly was conducted by Masked Fighter Group, report of the day was presented by Preeti Rana and thought was given by Preeti Bholta. Mess was conducted by sanitizer group.

At 10:00 AM all 6 group were sent for field activities. They worked on permanent asset. At 12:30 PM interactive session with resource person of the day Mr. Chander Mohan Rangta pradhan of Mandhol panchayat and retired economic professor. Then program Officer Pr. Pawan Kumar honored the resource person with NSS badge and token of love was presented by Pr. Sandhira. After that resource person told

about the “Economic Slowdown”. Then president of unit-1 Nikhil Nasta thanks on the behalf of NSS unit. There after all the volunteers and resource person went for lunch. At 3:00 PM cultural program of corona warrior group was started with the introduction group members. Host of the program was Aaina Zinta. First performance was “Lakshya Geet” by the corona warrior group. Bollywood dance was performed by Ritu Thakur. Then pahari song was sung by Piya negi and Punjabi dance by Simran. Dance performance of Anushka Sharma Represent Nepali culture. Next performance was a solo pahari dance by Priya Negi. After that Jitesh Sharma sang a song then Rajan Steta and Simran performed a kinauri dance and solo song was sang by Palvee Sharma. Later on Ritu Thakur performed yoga. Next performance was one act play by corona warrior group. After that Jitesh Sharma performs standup comedy. Then presentation on “National Service Scheme” was presented by Sejal Nanda. Last performance was a pahari dance by corona warrior group.



NSS 7 Day Special Camp Report

Day-5

On 26th March, 2021 at 9:30 AM morning assembly was conducted by New Normal group and report of the day was presented by Himash thought was given by Sahil. Mess was conducted by masked fighter.

At 10:00 AM all the groups were sent for the field activities. Field activities of the day were painting the dustbins and beautifying the flower beds in college. At 12:00PM all the volunteers were sent for interactive session with Mr. Dimple Panjta. Topic of the interactive session was related to horticulture. In the beginning Prof. Pawan Kumar gave the welcome speech. Then the session started. At 1:00PM all the volunteers went for lunch after the session ended. There after all the volunteers went for cultural program, it was organized by New Normal group. The host of the program was sanchit. First performance was a pahari dance by Deepa it was followed by Punjabi dance performed by Divyani Sharma. Then presentation was given by Preeti dulta on Peer Pressure last performance was a group pahari dance by New Normal group members.



NSS 7 Day Special Camp Report

Day-6

On 26th March, 2021 at 9:30 AM morning assembly was conducted by Quarantine group and report of the day was presented by Himani Ghunta thought was given by Rishav Mehta. Mess was conducted by Quarantine Group.

At 10:00 AM all the groups were sent for the field activities. Field activity of the day was repair the path for hostel of the college. At 12:00PM all the volunteers were sent for interactive session with Mr. Jang Veer Singh Dulta. Topic of the interactive session was Importance of Forrest. In the beginning Prof. Pawan Kumar gave the welcome speech. Then the session

started. At 1:00PM all the volunteers went for lunch after the session ended. There after all the volunteers went for cultural program, it was organized by Sanitizer group. The host of the program was Mohit. First performance was a pahari dance by Mohit Dilta and Himani Lalta it was followed by Gujrati dance performed by Nisha, Sakshi and Kritika. Then presentation was given by Priya Negta on Substance Abuse. Then Manjul Pnatu performed his rap. Last performance was a group pahari dance by Sanitizer group members.



NSS 7 Day Special Camp Report

Day-7

28th March, 2021 was the last day of NSS 7 day camp, at 9:00AM all the volunteers gathered for the morning assemble which was conducted by Immunity Group and mess duty was

done by volunteers of main body. At 10:30AM culture program of Masked Fighters Group was started, which was hosted by Shruti Brakta. First performance was group bollywood dance by Priti Rana, Ankita and Rachna. It was followed by poetry by Sarita Bholta. After that Sachin Pekta sung a solo song and Anchal Thakur presented her presentation on Political Issues. At the end Masked Fighters presented their group pahari dance. At 12:00 p.m. all the volunteers were sent for lunch. At 1:00 p.m. all the volunteers gathered in hall for the closing ceremony. Chief Guest for the ceremony was Mr. Jang Veer Singh Dulta, guest of honour was principal of the institution Dr. P.P.Chauhan, former program officer Dr. Lok Raj Sharma and former President of unit 1 Mr. Bhopinder Chajta. The program was hosted by President of unit 2 Kritika Hari. The program started with lamp lightening by the chief guest. After that Program Officer Prof. Sandhira presented a welcoming speech. First of all both the program officers pinned the NSS badges to all the dignitaries and after that a saraswati vandana was performed by volunteer Rachna and Priyanka. It was followed by report reading of 7days by the general secretary Ritik Nargeta. After that a Rajasthani dance was performed by the volunteers of cultural group. Then a documentary of the whole work done by both the units in the session 2020-21 was presented by President of unit 2 Nikhil Nasta. This was followed by a pahari dance by the volunteers of cultural group. After that

the prize distribution started and the prizes were distributed as follows:

Best Morning Assembly – New normal group

Best Report - Masked fighters group

Best Discipline – Corona Worriers

Best Cultural – Quarantine group

Best Mess- Sanitizer group

Best field work – Immunity group

Best Group – Immunity group

President of unit 2 – Kritika Hari

President unit 1 - Nikhil Nasta

After the prize distribution, principal of the institution Dr. P.P.Chauhan gave a speech. After that a singing performance was given by beginners' band. This was followed by speech of the chief guest. After that program office Prof. Pawan Kumar presented a vote of thanks to all the dignitaries. The program ended with National Anthem.



